

Helping children and families for generations.



Youthdale

Compassion, Innovation, and Hope.

YOUTHDALE TREATMENT CENTRES

Message from the Board Chair and Executive Director

Youthdale's continuing vitality and strength as a service organization are the result of the leadership and dedication of its board and staff. Our board has made great strides in updating the Board Manual and by-laws, developing and refining Youthdale's strategic plan, and implementing a self-evaluation process for the board and a performance appraisal program for senior management.



Thomas M. Macdonald
Chair

We're pleased to note that economic constraints have in no way dampened the enthusiasm and unwavering commitment of the Youthdale team to provide quality care to children and families. Buoyed by the recent recognition by Accreditation Canada as an organization that meets national standards of excellence in quality and service, our organization is committed to continuously improving our programs and responding to evolving needs and gaps in services.

It is therefore incumbent on our organization to draw attention to an urgent and priority service need. Youthdale has been strongly advocating with the Ministry of Health and Long Term Care to secure new funding to address the unmet and critical needs of transitional age youth. At present, these youth have limited options for immediate psychiatric intervention, assessment, stabilization, and support. We're confident that our efforts will result in the provision of this much needed service to Ontario youth.



Dan Hagler
Executive Director

Our patrons' financial and volunteering generosity has enabled us to offer great extra-curricular programs to our residents, including a theatre workshop, a horseback riding camp, and an enriched summer camp experience. We'll also be introducing a new academic component to our summer camp this year, knowing that it will help many of our residents continue their studies and excel in the following school year.

We want to express our deep appreciation for the hard work of Youthdale staff and volunteers, and the collaboration and support of our many service partners. Together with the help of the children's guardians and families, we're providing the best care and experience for Youthdale children.

Thomas M. Macdonald
Chair

Dan Hagler
Executive Director



Improving the Mental Health Outlook for South Asian Youth

We are grateful to TD Canada Trust for extending its funding commitment for another two years, enabling Youthdale to work with the Thorncliffe Neighborhood Office (TNO) to launch the South Asian Youth Mental Health Promotion Project.

TNO provides services to one of the city's most diverse population groups, including a significant number of South Asian children and families. The project involves development of a youth "peer leadership program," mental health educational programs for parents and families, and the facilitation of a pathway to care for children and families requiring mental health services.

Based on a true community development model, TNO serves as the local deliverer of this service, committing funds and staff resources to this collaborative project.



Identifying and Addressing Unmet Needs in the Community

The Child and Family Services Act limits Youthdale's Acute Support Unit's services to children under 16 years of age. This leaves a significant service gap for transitional age youth ages 16 to 18 with complex, high-risk neuropsychiatric disorders.

Youthdale is working closely with the Toronto Central Local Health Integration Network (LHIN), Ministry of Children and Youth Services, Ministry of Health and Long Term Care, the Centre for Addiction and Mental Health (CAMH), and Sick Kids to establish a new psychiatric Schedule 1 in-patient facility under the Mental Health Act, and expand Youthdale's outpatient psychiatric clinic to provide treatment, consultation, and support services to this target population.



Contributing to the Future of Child and Youth Mental Health Treatment

Through our affiliations with colleges and universities and the faculty appointments held by many of our staff, Youthdale is continuing to provide training opportunities with direct clinical practices for medical interns, psychiatric residents and fellows, and practicums for social work and child and youth students.

We're proud to partner with organizations such as St. Michaels and the University Health Network to play a significant role in mentoring the next generation of mental health professionals who will serve the children of Ontario.

Accreditation with Commendation

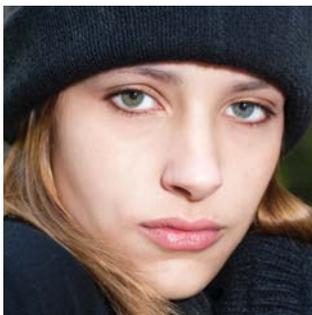
Accreditation Canada evaluates healthcare organizations' performance against national standards for patient safety, ethics, staff training, partnering with the community, and more.

In February 2012, Youthdale Treatment Centres was Accredited with Commendation by Accreditation Canada, for meeting "high priority standards of excellence."



Collaborating to Advance Research and Best Practices

Youthdale continues to pursue evidence-based best practices in its day-to-day clinical work with troubled children and their families. Recent initiatives include partnering with the Centre for Addiction and Mental Health to develop innovative coping skills programs based on the latest behavioural therapy research, and collaborating with Resiliency Initiatives of Calgary to enhance our strengths-based approach to treating and supporting children to become healthy and productive members of society.



Condensed Statement of Operations

	2011/12	2010/11
	(000s)	
Revenues		
Ministry of Children and Youth Services	10,908	10,783
Per Diem	2,388	2,042
Ministry of Health and Long Term Care	640	583
Other	1,129	909
<i>Total</i>	15,065	14,407
Expenses		
Salaries & Benefits	9,747	9,555
Building Occupancy	3,206	2,914
Other	2,108	2,033
<i>Total</i>	15,061	14,502

These statements are excerpts from the Audited Financial Statements and should not be considered complete without the notes to the Audited Financial Statements.

Youthdale Service Delivery 2011/2012

Service	Clients Served	Days of Care
Psychiatric Crisis Service	7,639	—
Clinical Consultations and Assessments	659	—
Centre for Individual and Family Therapy	531	—
Day Treatment School	79	—
Intensive Support and Supervision	34	—
Preparation for Independence	113	—
Residential Treatment	95	19,713
Acute Support Unit	146	2,924
Transitional Psychiatric Unit	67	3,054
Total	9,363	25,691

Youthdale Services and Programs

The **Centre for Individual and Family Therapy** embodies Youthdale's philosophy of providing many types of therapeutic support simultaneously to meet clients' multiple needs. The Centre delivers specialized family support and counselling to residential, non-residential, camp, and school clients and their families.



Youthdale's **Urban and Rural Residential Treatment** facilities include five residential treatment houses in the greater Toronto area, and a year-round camp near Magnetawan, Ontario.

School Program Services provides five Youthdale classrooms in host local community schools for youth 11-18 from Youthdale's residential program, and local community children unable to integrate into the regular school system.

Youthdale **Crisis Services** provides emergency assistance to young people in crisis through the Mobile Crisis Support Team and the Acute Support Unit.

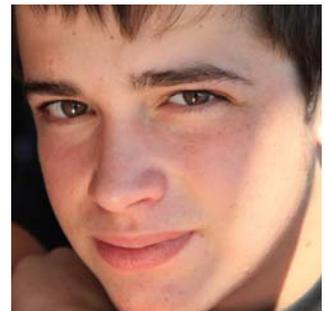


The **Mobile Crisis Support Team** is a multidisciplinary 24/7 team that intervenes to diffuse or stabilize youth in crisis, helps patients find community agency support, ensures follow-up after emergency services are provided, and assists in finding appropriate treatment.

The **Acute Support Unit** is a ten bed psychiatric resource which provides assessment, crisis intervention and stabilization, and case management in a secure environment. The unit accepts youth under 16 who pose a serious danger to themselves or others.

The **Transitional Psychiatric Unit** is a ten bed inpatient facility for children under 16 who require longer-term psychiatric treatment.

Youthdale's **Intensive Support and Supervision Program** supervises youth in the community who would otherwise be sentenced to custody for criminal offences.



Other Services, Consultations, and Assessments

Youthdale Treatment Centres services and programs also include:

- psychological assessment
- medication consultation for referring physicians
- a sleep clinic which treats sleep disorders associated with other medical problems
- a teaching centre for medical, nursing, social work, and child care professionals
- a research facility focusing on advances in the treatment of childhood psychiatric disorders

Youthdale's Founder Awarded a Diamond Jubilee Medal

Youthdale wouldn't exist if not for the personal dedication and commitment of Dan Hagler. Dan's huge contribution to the health and welfare of children and families is inspirational. Until now, his matter-of-fact approach has belied his many achievements in child and youth mental health diagnosis and treatment.

It is with great pride and heartfelt respect that we announce that Dan Hagler was honoured with The Queen Elizabeth II Diamond Jubilee Medal on July 3, 2012. This award is in recognition of Dan's outstanding contribution to the Province of Ontario and the people of Canada.

In accepting this award, Dan credited Youthdale's success to the dedication of the many colleagues who have worked with him over the years, and the enthusiasm and commitment of Youthdale children and their parents and guardians.



World-class Diagnosis, Treatment, and Research

Youthdale is recognized across Canada and world-wide for its success

treating children with the most complex mental health needs, and has been serving Ontario children and their families for over 40 years. The **Youthdale Treatment Centres Foundation** helps Youthdale secure funding for important and innovative research and treatment initiatives.

www.youthdalefoundation.com

Youthdale Treatment Centres Directors

Board of Directors

Chair: Thomas M. Macdonald
Vice Chair: Peter Barnes
Treasurer: John Colomby
Richard Cummings
Ann Leese
Brenda McDowell
Paul Nightingale
Eli Palachi
Darius Trohak

Executive Director

Dan Hagler

Clinical Director

Paul Allen

Youthdale Treatment Centres Mission:

To provide children, adolescents and their care-givers access to the best available psychiatric care and support, restoring hope, and helping individuals to reach their full potential.



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