

“I want other kids and their families to know that Youthdale can really help.”





Thomas M. Macdonald  
*Chair*

## Message from the Board Chair and Executive Director

Youthdale has achieved a great deal in the past year, and there are many new programs and services in planning or already being instituted, all to improve the prospects of children and youth with mental health issues.

Against this backdrop of ongoing progress and success, the Province of Ontario is facing many financial challenges. We must anticipate that, with the increased demand on funding from government sources generally, Youthdale will face challenges and may have to make tough choices about how to deliver the most good in the most cost-effective way possible.

We will continue to administer the funds we receive with the needs of the children and families we serve as our focus. We will also redouble our efforts to collaborate with our colleagues inside and outside Youthdale to optimize the performance of all available resources to continue our important work.

The Board is proud of Youthdale's achievements this year, and is confident that the Youthdale team has the strength to withstand the financial challenges ahead and continue delivering best-in-class services for the most vulnerable and deserving citizens of Ontario.

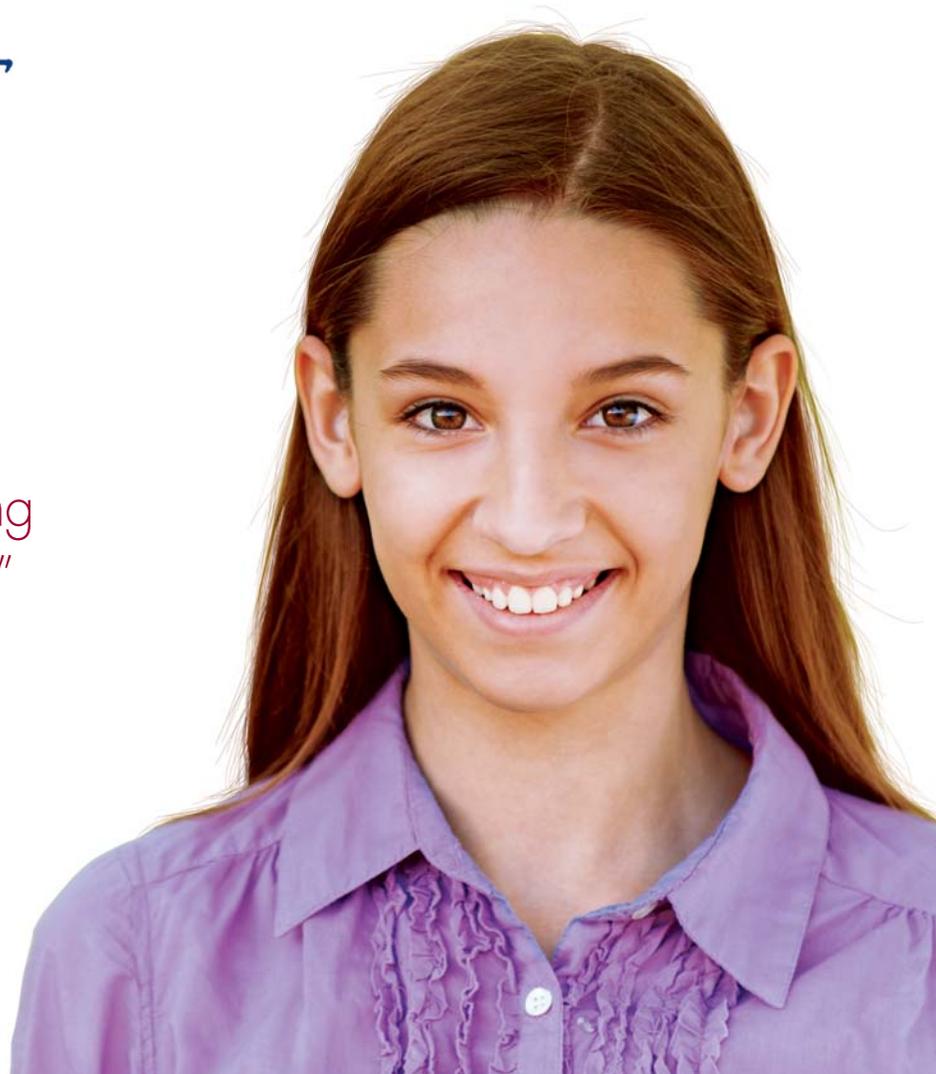


Dan Hagler  
*Executive Director*

Thomas M. MacDonald  
*Chair*

Dan Hagler  
*Executive Director*

"I cannot imagine  
my life without having  
gone to Youthdale."





## Progress continues on the new 10-bed unit for transition-age youth.

We look forward to the implementation and launch of the new 10-bed psychiatric unit for youth beyond the age of 16. Development of the outpatient clinic and the day program for this demographic continues, and we're excited about the potential impact of these programs on this older and presently underserved population.

Implementation has been made possible by funding from the Ministry of Health and Long Term Care, and the immediate challenges are logistics and staffing, rather than an absence of financial resources.

## Youthdale collaborates with Covenant House on the new day treatment program.

A unique partnership has been forged between Youthdale and Covenant House Toronto, Canada's largest homeless youth shelter, to provide day treatment services for transitional age youth from 16 to 18 years of age.

Day treatment is a voluntary program for individuals who could benefit from more support than periodic counseling, but don't need overnight services. The day program will operate out of Covenant House's facilities, weekdays from 9 a.m. to 8 p.m. This collaboration enables Youthdale and Covenant House staff to fill this urgent need, and share knowledge, experience, and expertise.

Care will be customized to the unique needs of each child, and may include treatment and activity groups, individual and family therapy, transition support services, and academic opportunities. This individual and flexible approach encourages youth to get involved in decisions about the type and amount of treatment they receive.

“Youthdale helped me learn to read,  
and Camp Magnetawan helped me  
feel like a normal kid.”

## We're working with the Ministry of Children and Youth Services on the future of child mental health centres.

The Ministry of Children and Youth Services is changing how it manages funds and ensures organizations like Youthdale are accountable to Ontario's citizens and the ministry. This will mean significant changes for most mental health centres.

While certain of Youthdale's services are under the umbrella of the Ministry of Health, substantial funding comes from the Ministry of Children and Youth Services. Therefore we are actively participating in and are seeking to have input in the reorganization.

Youthdale has to play a significant role in the work that will decide the future of children and mental health centres across the province, including Youthdale.





## Condensed Statement of Operations

	2013/14 (000s)	2012/13 (000s)
<b>Revenues</b>		
Ministry of Children and Youth Services	11,819	11,980
Per Diem	2,080	2,624
Ministry of Health and Long Term Care	918	680
Other	1,051	1,028
<b>Total</b>	<b>15,868</b>	<b>16,312</b>
<b>Expenses</b>		
Salaries & Benefits	10,663	10,711
Building Occupancy	3,190	3,419
Other	2,128	2,159
<b>Total</b>	<b>15,981</b>	<b>16,289</b>

These statements are a consolidation of excerpts from the Audited Financial Statements for Youthdale Treatment Centres - Toronto Region, York Region, Toronto Region Intensive Support & Supervision Program, and Enhanced Psychiatric Services. These statements should not be considered complete without the notes to the Audited Financial Statements. Prior year comparative values have been restated to conform with current year presentation.

## Youthdale Service Delivery 2013/2014

<b>Services</b>	<b>2013/14 Clients Served</b>	<b>2013/14 Days of Care</b>	<b>2012/13 Clients Served</b>	<b>2012/13 Days of Care</b>
Psychiatric Crisis Service	6,335	-	8,201	-
Clinical Consultations and Assessments	492	-	519	-
Centre for Individual and Family Therapy	621	-	761	-
Day Treatment School	88	-	85	-
Intensive Support and Supervision	25	-	29	-
Preparation for Independence	112	-	101	-
Residential Treatment	96	16,415	99	18,365
Acute Support Unit	144	2,887	141	3,045
Transitional Psychiatric Unit	61	3,015	69	2,989

## Youthdale receives a glowing report and accreditation from Accreditation Canada.

Youthdale Treatment Centres participated in Accreditation Canada's evaluation and accreditation process in February 2014. Accreditation Canada is an independent, not-for-profit organization that sets standards for quality and safety in health care, and accredits health organizations in Canada and around the world.

The rigorous evaluation process included self-assessment and an on-site survey by external peers. Youthdale was rated on national standards of excellence, safety practices, work environment, patient safety culture, governance, and client experience.

Youthdale was accredited with an overall score of 94.3%! A number of areas of the organization received special mention, and the Youthdale Board is committed to maintaining and, wherever possible, exceeding this exceptional result in the years to come.



## Youthdale’s education initiatives will continue to get high marks.

Often one of the first areas affected by mental health issues is school performance. Youthdale has always strived to improve the education prospects of its program participants and, what began as classrooms in partnerships with the Board of Education and community schools, has grown to include many services.

Youthdale’s work to improve children’s school-readiness and self-esteem includes a program in partnership with Blue Hills Child and Family Centre of York Region, and classrooms in collaboration with many schools across the GTA and beyond, including Youthdale’s rural program, and high school credit courses at Camp Magnetawan.

The addition of the new day treatment program for youth has presented an opportunity to integrate all Youthdale’s education services into a cohesive unit, to further support their effectiveness and raise their profile. This initiative will be pursued in the year ahead.

## Organizing for future success and efficiency.

We are about to evaluate the management and administration elements of Youthdale, to ensure they exceed the reporting and accounting needs of our ministries and are organized to meet the needs of our growing range of services.

We will be adding new accounting support to address new rules and requirements. We’ll also be evaluating our human resource function, and integrating HR activities across all departments and programs, to provide even stronger and more cohesive management support of Youthdale staff.

“I believe in Youthdale  
– they changed my life.”

## Evaluations and consultations in York Region, and beyond.

York Region Centralized Consultation and Assessment Services (YRCCAAS), operated in collaboration with the Blue Hills Child and Family Centre since 2006, offers Youthdale assessments and consultations to help other service organizations with difficult cases.

Building on this success, Youthdale collaborated with Blue Hills again in 2013, assuming responsibility for the Developmental Evaluation and Consultation Service (DEC), formerly under the auspices of the Thistleton Regional Centre. Unlike the York Region program, the catchment area of the DEC is the entire province.

In both programs, a multi-disciplinary team provides a comprehensive assessment and diagnosis of cognitive and learning, attachment and relationships, speech and language, and behavioral difficulties. The team then develops recommendations to help referring staff better plan an appropriate treatment program for each child.





## We understand children and youth.

Youthdale has decades of experience helping children and youth deal with their challenges at school, at home, and in all their day-to-day relationships and activities.

We treat real-world issues with care and compassion, and look at each case as a unique situation that requires individual attention. We help youth understand their mental health, and help parents understand and contribute to solutions for their child's challenges.

Whether it's sleep issues, problems dealing with others, or possible depression, a learning disorder, or something altogether different, our extensive child and youth experience enables us to spot what others may miss. This experience also helps us deal with the most difficult situations, and provide real hope to those we reach.

Youthdale offers a complete range of services, from crisis support, to a child and youth sleep clinic, to psychiatric, medication, and treatment evaluations, education programs, residential treatment facilities, and even a summer camp. Each is focused on the well-being of children, youth, and their families.

Youthdale's helpline is open 24/7 at 416-363-9990. If you or someone you know could benefit from our services, please give us a call.

## Youthdale Treatment Centres Directors

### Board of Directors

*Chair:*

Thomas M. Macdonald

Peter Barnes

Brenda McDowell

*Executive Director*

Dan Hagler

*Vice Chair:*

Eli Palachi

Richard Cummings

Paul Nightingale

*Clinical Director*

Paul Allen

*Treasurer:*

John Colomby

Ann Leese

Darius Trohak

## Youthdale Treatment Centres Mission:

To provide children, adolescents and their care-givers access to the best available psychiatric care and support, restoring hope, and helping individuals to reach their full potential.

## World-class diagnosis, treatment, and research.

Youthdale is recognized across Canada and worldwide for its success treating children with the most complex mental health needs, and has been serving Ontario children and their families for 45 years.

The Youthdale Treatment Centres Foundation helps Youthdale fund important and innovative research, program enhancements, and new treatment initiatives. [www.youthdalefoundation.com](http://www.youthdalefoundation.com)



***Compassion, Innovation, and Hope.***

**YOUTHDALE TREATMENT CENTRES**

Thanks again to Youthdale's Camp Magnetawan summer program participants for the nature photographs used in this report.