

# 2012/2013 ANNUAL REPORT



Inspiring  
hope with  
compassion  
and  
innovation  
in children's  
mental  
health.



*Compassion, Innovation, and Hope.*

YOUTHDALE TREATMENT CENTRES

## Message from the Board Chair and Executive Director

The vitality of an organization is reflected by the people engaged in its work, and we never cease to be amazed by our staff's willingness to go the extra mile.

In spite of the current economic and budget challenges, we're pleased to report that the quality of treatment and education of the children we serve, and support of their families, continues to advance.

Youthdale's board and management team wish to express their deep appreciation to the many organizations that rely on Youthdale to help them do what they do, including all the major hospitals and the many children's social services agencies in the Greater Toronto Area.

In particular this year, the Hospital for Sick Children, CAMH (Centre for Addiction and Mental Health), and the MOHLTC (Ministry of Health and Long Term Care) have been instrumental in helping us establish services for youth beyond the age of 16.

It's gratifying to hear patients and community organizations praising our staff. Youthdale's energy, spirit, and commitment to service excellence haven't waned over its first 40 years, and the dedication of Youthdale's board and staff ensures it will continue to be a world-class provider of mental health services to children, youth, and their families.



Thomas M. Macdonald  
Chair



Dan Hagler  
Executive Director

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Thomas M. MacDonald  
Chair

A blue ink handwritten signature of Dan Hagler.

Dan Hagler  
Executive Director



## Working with the Ministry of Health and Long Term Care to improve services

We continue to work closely with the MOHLTC to develop a new unit of ten psychiatric beds, an out-patient clinic, and a day treatment program for youth beyond the age of 16. This unit will enable Youthdale to offer its expertise and support to this older and presently underserved population.

## Refining and expanding our tele-medicine program

In connection with Youthdale's goal to develop a consultation tool for hospitals and social agencies across Ontario, we have an agreement with the Hospital for Sick Children to jointly provide tele-medicine services.

In time, we'll be testing this tool and reviewing the efficacy of our collaboration with other institutions. Once we're satisfied with the service delivery across Ontario, we intend to offer this essential service to other provinces as well. If successful, we believe this will become an important working tool, especially in areas where psychiatric services aren't easily accessible.

## Adding education opportunities to the summer camp experience

Most of the children we serve need a great deal of help integrating into the regular school system. While we have a comprehensive integration program during the school year, we believe additional support will benefit our residents.

For this reason, we're allocating more time for education in the summer camp program. We began last year with enrichment in English, and this year we're adding mathematics, science, and physical education options. We've already noticed a better attitude toward school among last year's summer program participants, and some of these classes may provide additional school credits.

## Evaluation of Youthdale's Mobile Crisis Service

Youthdale is committed to improving the quality of its service, and being sensitive and responsive to the diverse and changing needs of its clients and service partners. With a grant from the Ministry of Children and Youth Services, an evaluation team has just completed a comprehensive review of our Mobile Crisis Service.

There was an abundance of positive feedback on the Crisis Support team's responsiveness, knowledge, and timely support and follow-up. This was tempered, however, by a great deal of frustration with difficulties accessing crisis beds for children in urgent need, and a lack of understanding of the prioritization process for admittance.

The evaluation report contains recommendations for improving the operating efficiency and effectiveness of the service, and providing a more integrated and sustainable service network for these patients.

## Expanding our service in York Region

Youthdale has collaborated with the Blue Hills Child and Family Service in a winning proposal to deliver services to children formerly served by the Thistleton Interface Program. This initiative will significantly increase Youthdale's capacity to deliver services in York Region.



## Condensed Statement of Operations

	2012/13 (000s)	2011/12 (000s)
<b>Revenues</b>		
Ministry of Children and Youth Services	11,023	10,908
Per Diem	2,624	2,388
Ministry of Health and Long Term Care	655	640
Other	1,026	1,129
<b>Total</b>	<b>15,328</b>	<b>15,065</b>
<b>Expenses</b>		
Salaries & Benefits	9,899	9,747
Building Occupancy	3,383	3,206
Other	2,023	2,108
<b>Total</b>	<b>15,305</b>	<b>15,061</b>

These statements are excerpts from the Audited Financial Statements and should not be considered complete without the notes to the Audited Financial Statements.

## Youthdale Service Delivery 2012/2013

Service	2012/13 Clients Served	2012/13 Days of Care	2011/12 Clients Served	2011/12 Days of Care
Psychiatric Crisis Service	8,201	–	7,639	–
Clinical Consultations and Assessments	490	–	659	–
Centre for Individual and Family Therapy	761	–	531	–
Day Treatment School	85	–	79	–
Intensive Support and Supervision	29	–	34	–
Preparation for Independence	101	–	113	–
Residential Treatment	99	18,365	95	19,713
Acute Support Unit	141	3,045	146	2,924
Transitional Psychiatric Unit	69	2,989	67	3,054
<b>Total</b>	<b>9,976</b>	<b>24,399</b>	<b>9,363</b>	<b>25,691</b>

## Youthdale offers a comprehensive range of services and programs for children and their families.

The **Centre for Individual and Family Therapy** embodies Youthdale's philosophy of providing many types of therapeutic support simultaneously to meet clients' multiple needs. The Centre delivers support and counselling to Youthdale clients and their families.

Youthdale's **Urban and Rural Residential Treatment** facilities include five residential treatment houses in the greater Toronto area, and a year-round camp near Magnetawan, Ontario.

**School Program Services** provides five Youthdale classrooms in host local community schools for youth 11-18 from Youthdale's residential program, and local community children unable to integrate into the regular school system.

Youthdale **Crisis Services** provides emergency assistance to young people in crisis through the Mobile Crisis Support Team and the Acute Support Unit.

The **Mobile Crisis Support Team** is a multidisciplinary 24/7 team that intervenes to diffuse or stabilize youth in crisis.

The **Acute Support Unit** is a ten bed psychiatric resource which provides assessment, crisis intervention, and stabilization for youth under 16 who pose a serious danger to themselves or others.

The **Transitional Psychiatric Unit** is a ten bed in-patient facility for children under 16 who require longer-term psychiatric treatment.

Youthdale's **Intensive Support and Supervision Program** supervises youth in the community who would otherwise be sentenced to custody for criminal offences.

### Other Services, Consultations, and Assessments

Youthdale Treatment Centres services and programs also include:

- psychological assessment
- medication consultation for referring physicians
- a sleep clinic which treats sleep disorders associated with other medical problems
- a teaching centre for medical, nursing, social work, and child care professionals
- a research facility focusing on advances in the treatment of childhood psychiatric disorders





## Youthdale Treatment Centres Directors

### Board of Directors

*Chair:* Thomas M. Macdonald  
*Vice Chair:* Peter Barnes  
*Treasurer:* John Colomby  
Richard Cummings  
Ann Leese  
Brenda McDowell  
Paul Nightingale  
Eli Palachi  
Darius Trohak

### Executive Director

Dan Hagler

### Clinical Director

Paul Allen

## Youthdale Treatment Centres Mission:

To provide children, adolescents and their care-givers access to the best available psychiatric care and support, restoring hope, and helping individuals to reach their full potential.

## World-class Diagnosis, Treatment, and Research

**Youthdale** is recognized across Canada and worldwide for its success treating children with the most complex mental health needs, and has been serving Ontario children and their families for over 40 years.

The **Youthdale Treatment Centres Foundation** helps Youthdale secure funding for important and innovative research and treatment initiatives. [www.youthdalefoundation.com](http://www.youthdalefoundation.com)

Thank you to participants in Youthdale's Camp Magnetawan summer program for the nature photographs used in this report.



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